

# January 2025

breakfast  
happy new year!

This institute is an equal opportunity provider.  
Menu subject to change

**NSD January 2025**

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
<i>In-Service</i>	<i>Bagel Day!</i> Breakfast Bagel (WG) Fruit Cup Juice Choice of Milk	<i>Cherry Frudel Day!</i> Cherry Frudel (WG) w/Cheese Stick Fresh Fruit Juice Choice of Milk	<i>Cinnamon Roll Day!</i> Pop Tart w/Cheese Stick Fresh Fruit Juice Choice of Milk	<i>Cereal Bar!</i> Cereal Bar (WG) w/Graham Crackers (WG) Fresh Fruit Juice Choice of Milk
13	14	15	16	17
<i>Muffin Day!</i> Apple Cinnamon Muffin Fresh Fruit Juice Choice of Milk	<i>Mini Waffles!</i> Mini Waffles (WG) Applesauce Cup Juice Choice of Milk	<i>Cinnamon Roll Day!</i> Cinnamon Roll (WG) w/ Cheese Stick Fresh Fruit Juice Choice of Milk	<i>Breakfast Taco!</i> Breakfast Taco Fresh Fruit Juice Choice of Milk	<i>Cereal Bar!</i> Cereal Bar (WG) w/Graham Crackers (WG) Fruit Cup Juice Choice of Milk
20	21	22	23	24
<i>Bagel Day!</i> Bagel (WG) Fresh Fruit Juice Choice of Milk	<i>Breakfast Taco!</i> Breakfast Taco Fresh Fruit Juice Choice of Milk	<i>Cherry Frudel Day!</i> Cherry Frudel (WG) w/Cheese Stick Fresh Fruit Juice Choice of Milk	<i>Cinnamon Roll Day!</i> Cinnamon Roll w/Cheese Stick Applesauce Cup Juice Choice of Milk	<i>Cereal Bar!</i> Cereal Bar (WG) w/Graham Crackers (WG) Fresh Fruit Juice Choice of Milk
26	27	28	29	30
<i>Yogurt Day!</i> Yogurt Cup w/Graham Crackers (WG) Fresh Fruit Juice Choice of Milk	<i>Bagel Day!</i> Breakfast Bagel (WG) Fresh Fruit Fruit Cup Juice Choice of Milk	<i>Cinnamon Roll Day!</i> Cinnamon Roll (WG) w/ Cheese Stick Fresh Fruit Juice Choice of Milk	<i>Mini Waffles!</i> Mini Waffles (WG) Applesauce Cup Juice Choice of Milk	<i>Cereal Bar!</i> Cereal Bar (WG) w/Graham Crackers (WG) Fresh Fruit Juice Choice of Milk

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Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
<i>In-Service Day</i>	<i>Chicken Strips</i> Chicken Strips (WG) Biscuits (WG) Green Beans Applesauce Cups Fresh Fruit Choice of Milk	<i>Burger Day!</i> Hamburger or Cheeseburger Bun (WW) French Fries Steamed Carrots Diced Peaches Fresh Fruit Choice of Milk	<i>Pasta Day!</i> Chicken Alfredo w/Roll (WW) Steamed Broccoli Diced Pears Fresh Fruit Choice of Milk	<i>Pizza Friday!</i> Pepperoni Pizza Cheese Pizza Steamed Corn Cinnamon Apple Slices Fresh Fruit Choice of Milk
13	14	15	16	17
<i>Hot Dog Day!</i> Hot Dogs on Bun (WG) Baked Beans Steamed Broccoli Diced Peaches Fresh Fruit Choice of Milk	<i>Fish Sticks</i> Fish Sticks Green Beans Tater Tots Applesauce Choice of Milk	<i>Chicken Strips!</i> Chicken Strips w/Biscuit (WG) Steamed Carrots Diced Pears Fresh Fruit Choice of Milk	<i>Pasta Day!</i> Beef Spaghetti w/Roll Steamed Broccoli Cinnamon Slice Apples Fresh Fruit Choice of Milk	<i>Pizza Friday!</i> Pepperoni Pizza Cheese Pizza Steamed Corn Applesauce Cups Fresh Fruit Choice of Milk
20	21	22	23	24
<i>Mini Corn Dogs!</i> Mini Corn Dogs Baked Beans Steamed Broccoli Diced Peaches Fresh Fruit Choice of Milk	<i>Chicken Nachos!</i> Chicken Nachos Spanish Rice Seasoned Corn Applesauce Cups Fresh Fruit Choice of Milk	<i>Chicken Burgers!</i> Chicken Burgers Sweet Potato Fries Diced Pears Fresh Fruit Choice of Milk	<i>Mac &amp; Cheese Day!</i> Macaroni & Cheese Green Beans Cinnamon Slice Apples Fresh Fruit Choice of Milk	<i>Pizza Friday!</i> Pepperoni Pizza Cheese Pizza Carrots Applesauce Cups Fresh Fruit Choice of Milk
26	27	28	29	30
<i>Chicken Nuggets</i> Chicken Strips (WG) Biscuits (WG) Sweet Potato Fries Steamed Broccoli Applesauce Cups Fresh Fruit Choice of Milk	<i>Taco Tuesday</i> Crispy Beef Tacos (WG) Refried Beans Spanish Rice Pineapple Tidbits Choice of Milk	<i>Teriyaki Chicken</i> Teriyaki Chicken Seasoned Brown Rice Edamame Diced Pears Fresh Fruit Choice of Milk	<i>Burger Day!</i> Hamburger or Cheeseburger Bun (WW) French Fries Steamed Carrots Diced Peaches Fresh Fruit Choice of Milk	<i>Pizza Friday!</i> Pepperoni Pizza Cheese Pizza Steamed Corn Applesauce Cups Fresh Fruit Choice of Milk