

BREAKFAST



This institute is an equal opportunity provider.
Menu subject to change

NSD October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<i>Breakfast Burrito Day!</i> Breakfast Burrito Graham Crackers Strawberry Cups Grape Juice Choice of Milk	<i>Breakfast Sandwich Day!</i> Breakfast Sandwich Peaches Apple Juice Choice of Milk	<i>French Toast Day!</i> French Toast Apples Grape Juice Choice of Milk	<i>Pop-Tarts!</i> Pop-Tarts Graham Crackers Oranges Orange Juice Choice of Milk
7	8	9	10	11
<i>Bagel Day!</i> Bagel (WG) w/Cream Cheese Graham Crackers Bananas Apple Juice Choice of Milk	<i>Mini Waffle Day!</i> Mini Waffles (WG) Graham Crackers Strawberry Cups Grape Juice Choice of Milk	<i>Breakfast Pizza Day!</i> Breakfast Pizza Craisins Apple Juice Choice of Milk	<i>Donut Day!</i> Donuts (WG) Apples Grape Juice Choice of Milk	<i>Breakfast Cereal Bars!</i> Breakfast Cereal Bar Graham Crackers Oranges Orange Juice Choice of Milk
14	15	16	17	18
<i>Muffin Day!</i> Muffin (WG) Graham Crackers Raisins Apple Juice Choice of Milk	<i>Egg & Cheese Omelet Day!</i> Egg & Cheese Omelet Graham Crackers Mixed Berry Cup Grape Juice Choice of Milk	<i>Breakfast Tornado Day!</i> Breakfast Tornadoes Craisins Apple Juice Choice of Milk	<i>Yogurt Day!</i> Yogurt Cups w/Granola Bites Pears Grape Juice Choice of Milk	<i>Pop-Tarts!</i> Pop-Tarts Graham Crackers Oranges Orange Juice Choice of Milk
21	22	23	24	25
<i>Bagel Day!</i> Bagel (WG) w/Cream Cheese Graham Crackers Apples Apple Juice Choice of Milk	<i>French Toast Day!</i> French Toast (WG) Graham Crackers Mixed Berry Cup Grape Juice Choice of Milk	<i>Breakfast Taco Day!</i> Breakfast Taco Craisins Apple Juice Choice of Milk	<i>Danish Day!</i> Danish (WG) Pears Grape Juice Choice of Milk	<i>Breakfast Cereal Bars!</i> Breakfast Cereal Bar Graham Crackers Oranges Orange Juice Choice of Milk
28	29	30	31	
<i>Muffin Day!</i> Muffin (WG) Graham Crackers Apples Apple Juice Choice of Milk	<i>Breakfast Burrito Day!</i> Breakfast Burrito Graham Crackers Strawberry Cups Grape Juice Choice of Milk	<i>Breakfast Sandwich Day!</i> Breakfast Sandwich Peaches Apple Juice Choice of Milk	<i>French Toast Day!</i> French Toast Apples Grape Juice Choice of Milk	



LUNCH



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NSD October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<i>Pulled Pork Sandwich Day!</i> Pulled Pork Bun (WG) Baked Beans Fresh Oranges Choice of Milk	<i>Popcorn Chicken Day</i> Popcorn Chicken w/Orange Sauce Brown Rice Green Peas Peaches Choice of Milk	<i>Mac & Cheese Day!</i> Macaroni & Cheese w/Ham Carrots Fresh Apples Choice of Milk	<i>Pizza Friday</i> Pepperoni, Specialty, or Cheese Pizza Broccoli Pineapple Choice of Milk
7	8	9	10	11
<i>Hamburger Day!</i> Hamburger Bun (WG) Corn Applesauce Choice of Milk	<i>Taco Tuesday!</i> Beef, Tortilla & Rice Refried Beans Fresh Oranges Choice of Milk	<i>Chicken & Waffles!</i> Chicken & Waffles (WG) Green Beans Mixed Fruit Choice of Milk	<i>Pasta Day!</i> Meat Sauce Pasta (WG) Carrots Fresh Apples Choice of Milk	<i>Pizza Friday</i> Pepperoni, Specialty, or Cheese Pizza Broccoli Pineapple Choice of Milk
14	15	16	17	18
<i>Chicken Drumsticks</i> Chicken Drumsticks Dinner Rolls (WG) Mashed Potatoes Applesauce Choice of Milk	<i>Corn Dog Day!</i> Corn Dog Baked Beans Fresh Orange Choice of Milk	<i>Chicken Taco Day!</i> Chicken Taco Tortilla (WG) Mixed Veggies Peaches Choice of Milk	<i>Lasagna Day!</i> Meat Lasagna Dinner Rolls (WG) Carrots Fresh Apples Choice of Milk	<i>Pizza Friday</i> Pepperoni, Specialty, or Cheese Pizza Broccoli Pineapple Choice of Milk
21	22	23	24	25
<i>Chicken or Fish!</i> Chicken Nuggets Potato Wedges Applesauce Choice of Milk	<i>Chili Dog Day!</i> Hot Dog Chili w/Beans Hot Dog Bun (WG) Fresh Oranges Choice of Milk	<i>Sloppy Joe Day!</i> Ground Beef Bun (WG) Seasoned Mixed Veggies Mixed Fruit Choice of Milk	<i>Pasta Day!</i> Chicken Alfredo Pasta (WG) Carrots Pears Choice of Milk	<i>Pizza Friday</i> Pepperoni, Specialty, or Cheese Pizza Broccoli Pineapple Choice of Milk
28	29	30	31	
<i>Brunch for Lunch</i> French Toast (WG) Breakfast Sausage Hash Browns Applesauce Choice of Milk	<i>Pulled Pork Sandwich Day!</i> Pulled Pork Bun (WG) Baked Beans Fresh Oranges Choice of Milk	<i>Popcorn Chicken Day</i> Popcorn Chicken w/Orange Sauce Brown Rice Green Peas Peaches Choice of Milk	<i>Mac & Cheese Day!</i> Macaroni & Cheese w/Ham Carrots Fresh Apples Choice of Milk	