

December BREAKFAST



This institute is an equal opportunity provider.
Menu subject to change

NSD December 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<i>Muffin Day!</i> Blueberry Muffin Fresh Fruit Juice Milk	<i>Bagel Day!</i> Breakfast Bagel Applesauce Cup Juice Milk	<i>Cherry Frudel Day!</i> Cherry Frudel w/Cheese Stick Fresh Fruit Juice Milk	<i>Cinnamon Roll Day!</i> Cinnamon Roll w/Cheese Stick Applesauce Cup Juice Milk	<i>Cereal Bar!</i> Breakfast Cereal Bar w/Crackers Fresh Fruit Juice Milk
9	10	11	12	13
<i>Mini Waffles!</i> Mini Waffles Applesauce Cup Juice Milk	<i>Breakfast Taco!</i> Breakfast Taco Fresh Fruit Juice Milk	<i>Yogurt Day!</i> Yogurt Cup w/Crackers Applesauce Cup Juice Milk	<i>Muffin Day!</i> Apple Cinnamon Muffin Fresh Fruit Juice Milk	<i>Cereal Bar!</i> Breakfast Cereal Bar w/Crackers Applesauce Cup Juice Milk
16	17	18	19	20
<i>Muffin Day!</i> Blueberry Muffin Fresh Fruit Juice Milk	<i>Bagel Day!</i> Breakfast Bagel Applesauce Cup Juice Milk	<i>Cherry Frudel Day!</i> Cherry Frudel w/Cheese Stick Fresh Fruit Juice Milk	<i>Cinnamon Roll Day!</i> Cinnamon Roll w/Cheese Stick Applesauce Cup Juice Milk	<i>Cereal Bar!</i> Breakfast Cereal Bar w/Crackers Fresh Fruit Juice Milk
23	24	25	26	27
<i>Winter Break No School</i>	<i>Happy Holidays!</i>	<i>Happy Holidays!</i>	<i>Winter Break No School</i>	<i>Winter Break No School</i>
30	31			
<i>Winter Break No School</i>	<i>Winter Break No School</i>			



December

LUNCH



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NSD December 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Corn Dog Day! Corn Dog Baked Beans Steamed Broccoli Diced Peaches Fresh Fruit Milk	Chicken Fajitas! Chicken Fajitas Spanish Rice Seasoned Beans Applesauce Cups Fresh Fruit Milk	Burger Day! Hamburger Cheeseburger French Fries Steamed Carrots Diced Pears Fresh Fruit Milk	Pasta Day! Chicken Alfredo w/Roll Steamed Broccoli Cinnamon Apple Slices Fresh Fruit Milk	Pizza Friday! Pepperoni Pizza Cheese Pizza Steamed Corn Applesauce Cups Fresh Fruit Milk
9	10	11	12	13
Hot Dog Day! Hot Dogs Tater Tots Baked Beans Steamed Broccoli Diced Peaches Fresh Fruit Milk	Taco Tuesday! Crispy Beef Tacos Spanish Rice Refried Beans Applesauce Cups Fresh Fruit Milk	Chicken Strips! Chicken Strips w/Biscuit Mashed Potatoes Steamed Carrots Diced Pears Fresh Fruit Milk	Mac & Cheese Day! Macaroni & Cheese w/Fish Sticks Steamed Broccoli Cinnamon Slice Apples Fresh Fruit Milk	Pizza Friday! Pepperoni Pizza Cheese Pizza Steamed Corn Applesauce Cups Fresh Fruit Milk
16	17	18	19	20
Mini Corn Dogs! Mini Corn Dogs Baked Beans Steamed Broccoli Diced Peaches Fresh Fruit Milk	Chicken Nachos! Chicken Nachos Spanish Rice Seasoned Beans Applesauce Cups Fresh Fruit Milk	Chicken Burgers! Chicken Burgers Sweet Potato Fries Diced Pears Fresh Fruit Milk	Pasta Day! Beef Spaghetti w/Roll Steamed Broccoli Cinnamon Slice Apples Fresh Fruit Milk	Pizza Friday! Pepperoni Pizza Cheese Pizza Steamed Corn Applesauce Cups Fresh Fruit Milk
23	24	25	26	27
Winter Break No School	Happy Holidays!	Happy Holidays!	Winter Break No School	Winter Break No School

30	31
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Winter Break No School	Winter Break No School
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NUTRITION CORNER

CARROTS
 PACKED WITH VITAMIN A AND ALSO CONTAINS BETA CAROTENE, AN ANTIOXIDANT THAT PROVIDES THEIR ORANGE COLOR AND MAY HELP PREVENT CANCER

